



# 1<sup>ST</sup> INTERNATIONAL PEDIATRIC OSACON-2025



15<sup>th</sup> June 2025  
Sunday



9:00 AM  
5:00 PM



Hyatt Centric  
Hebbal, Bangalore

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# KEY HIGHLIGHTS



## Expert Insights and Interactive Discussions

- Global leaders in pediatric pulmonology, sleep medicine, ENT, and dental sleep specialties will share the latest breakthroughs in pediatric OSA.
- Engage in interactive case-based discussions on complex OSA presentations, cutting-edge therapies, and evolving surgical techniques.



## Multidisciplinary Approach to Pediatric OSA

- Strengthen collaboration between pediatric pulmonologists, sleep specialists, ENT surgeons, orthodontists, and myofunctional therapists for a holistic approach to pediatric OSA.
- Explore evidence-based, patient-centered strategies integrating medical, surgical, and orthodontic interventions.



## Advancements in Pediatric Sleep Medicine

- Uncover the latest innovations in pediatric sleep diagnostics, including AI-powered sleep study analysis and home-based monitoring tools.
- Learn about emerging therapies such as novel CPAP adherence strategies, myofunctional therapy, and airway-focused orthodontics.

## Organising Chairperson



**Dr. K.R. Bharath Reddy**

Pediatric Pulmonologist  
Shishuka Childrens Hospital

## Organizing Secretary



**Dr. Nagarjun N.**

Pediatric Pulmonologist  
Shishuka Childrens Hospital

## Organizing Committee



**Dr. Saud Ahmed**

ENT & Sleep Surgeon  
Excell ENT Clinic



**Dr. Nivedita Kumar**

Dental Sleep Specialist  
NK's Snoring & Sleep Apnea Centre

## INTERNATIONAL FACULTY



### **Dr Norman Friedman**

Director of the Children's Sleep Medicine Laboratory  
Children's Hospital Colorado (USA)  
Professor, University of Colorado (USA)

Dr Norman Friedman is the Director of the Children's Sleep Medicine Laboratory at Children's Hospital Colorado, specializing in Pediatric ENT Conditions and sleep medicine.

With over 30 years of experience, he is recognized for his contributions, receiving numerous honors, including the Best Doctors in America award (2007, 2008) and the American Academy of Otolaryngology Honor Award (2008)

His expertise and leadership establish him as a trusted authority in pediatric sleep medicine and ENT care.

## NATIONAL FACULTY



### Dr Bharath Reddy

Director and CEO  
Consultant Pediatric Pulmonologist and Sleep Specialist  
Shishuka Children's Specialty Hospital Course Director - Diploma in Pediatric Sleep Medicine (DPSM) And Diploma in Pediatric Pulmonology (DPPM)



### Dr N. Nagarjun

Consultant Pediatric Pulmonologist and Sleep Specialist  
Shishuka Children's Specialty Hospital



### Dr Saud Ahmed

Consultant ENT, Head, Neck & Skull Base Surgeon  
Director & CEO  
Excell ENT Clinic



### Dr Nivedita Kumar

Dental Sleep Specialist  
Founder and Director NKs Snoring and Sleep Apnea Centre, Bangalore NKs Sleep and Breath Academy



### Dr Sanu P Moideen

Consultant ENT, Head and Neck  
Oncosurgeon  
Smita Memorial Hospital & Research Centre  
Thodopuzha, Kerala



### Dr N Kavitha Bhat

Lead Consultant and Ped Endo  
Fellowship Program Director  
Aster Hospitals Bangalore Cluster



### Ms. Lata R Casturi

Sleep Therapist and coach Better Up USA,  
Adjunct Faculty at NUH Singapore, Pediatric and Adult Sleep Study Scorer for Rainbow Hospitals Hyderabad, GKNM Coimbatore, Adult and Pediatric Sleep Educator



### Dr Ann Agnes Mathew

Consultant Paediatric Neurologist,  
Bangalore Baptist Hospital



### Dr Seemab Shaikh

ENT Surgeon, Head of Department (ENT)  
Imamdar Hospital, Pune  
Founder National President, Indian Association of Surgeons for Sleep Apnea (IASSA)



### Dr Sowmya A Nagarajan

Paediatrician, Allergist and Immunologist  
Sanjeevini Specialist Clinic and Motherhood Hospitals, Bengaluru  
Academic Coordinator for IAP Allergy Chapter 2025  
Faculty for Advanced Allergy Asthma Immunotherapy Course and other Allergy training programs in India



### Dr Santosh Kumari

Orofacial, Pain and TMD Specialist  
Bunny Teeth/ Advanced Dentistry



### Dr. Dipesh Rao

Consultant Craniofacial Surgery  
Bhagwan Mahaveer Jain Hospital Group



### Dr Shifa Shamsudeen

Preventive Pediatric Dentist  
Pediatric Sleep Dentist  
Founder & Director WE Little Preventive Pediatric Dentistry

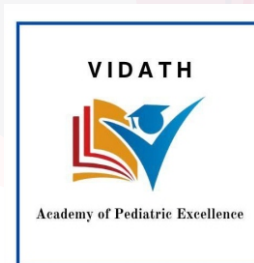


### Dr. Kranthi Kumar Reddy R.

Paediatric and Preventive Dentistry, Orthodontics, Dental Surgery, Cosmetic Dentistry  
Brite Smile Super Speciality Dental Hospital

**ABSTRACT SUBMISSION**

**NOW OPEN**



**1<sup>st</sup>  
International  
Conference on  
Pediatric Obstructive  
Sleep Apnea**

**Pediatric  
OSACON  
2025**

**Award For  
Best Paper  
Best E-Poster  
Presentation**

**Last date for Submission  
15th May, 2025**

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**academyvidath@gmail.com**

## SCHEDULE

### Registration

#### 8:30 AM - 09:00 AM Introduction and Welcome

Time	Schedule	Speaker
09:00 AM - 10:30 AM	<b>Symposium 1 : Sleep in Special Conditions</b>	
09:00 AM - 09:15 AM	Sleep and Allergic Rhinitis	Dr Saud Ahmed
09:15 AM - 09:30 AM	Sleep and Asthma	Dr Sowmya A Nagarajan
09:30 AM - 09:45 AM	Obesity and Sleep	Dr Kavitha Bhat
09:45 AM - 10:00 AM	Sleep issues in Children with Genetic & Neuromuscular Syndromes	Dr Anne Agnes Mathew
10:00 AM - 10:15 AM	Q&A	
10:15 AM - 10:30 AM	<b>Tea Break and Inauguration</b>	
10:30 AM - 12:00 PM	<b>Symposium 2: Sleep Diagnostics in OSA</b>	
10:30 AM - 11:00 AM	Interpretation of Pediatric Polysomnography	Ms Lata Casturi
11:00 AM - 11:30 AM	Drug Induced Sleep Endoscopy	Dr Norman Friedman
11:30AM - 11:50 AM	Novel Sleep Diagnostic Methods	Dr Nagarjun N
11:50 AM - 12:00 PM	Q&A	
12:00 PM - 1:15 PM	<b>Symposium 3: Sleep surgeries in Children</b>	
12:00 PM - 12:20 PM	Newer surgical methods in Pediatric OSA	Dr Sanu P Moideen
12:20 PM - 12:40 PM	Surgical management of OSA in children with craniofacial anomalies	Dr Dipesh Rao
12:40 PM - 01:00 PM	OSA post adenotonsillectomy	Dr Seemab Shaikh
01:00 PM - 01:15 PM	Q&A	
01:15 PM - 02:00 PM	<b>LUNCH</b>	

**02:00 PM - 03:15 PM**

**Symposium 4:  
Pediatric Sleep Dentistry & OSA**

02:00 PM - 02:20 PM

Journey of OSA, from Womb to Tomb

Dr Nivedita Kumar

02:20 PM - 02:40 PM

Dental Appliances for development of  
Cranio facial respiratory Complex

Dr Kranthi Kumar

02:40 PM - 03:00 PM

Myofunctional Therapy

Dr Shifa Shamsudeen

03:00 PM - 03:15 PM

Q&A

**03:15 PM - 04:00 PM**

**Symposium 5:  
Pediatric Non-invasive Ventilation (NIV)**

03:15 PM - 03:45 PM

Initiation and Adherence of  
CPAP in Children

Dr Bharath Reddy

03:45 PM - 04:00 PM

Q&A

**04:00 PM - 05:00 PM**

**Panel Discussion: Case Vignettes**

**Panelists**

Dr Norman Friedman

Dr Bharath Reddy

Dr Saud Ahmed

Dr Niveditha

Dr Sanu Moideen

**Cases presented by**

Dr Nagarjun N

Dr Kavya C

Dr Priyadarshini

Dr Santosh Kumari

**Hurry! Register Today! Limited Registrations Only**

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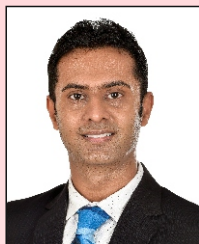


**1<sup>st</sup>  
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Pediatric Obstructive  
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**Pediatric  
OSACON  
2025**

Category	Students	Consultants	INT Delegates
<b>Pre Registration (15th Mar - 14th Jun 2025)</b>	<b>2,000</b>	<b>3,500</b>	<b>100 USD</b>
<b>Spot Registration</b>	<b>2,500</b>	<b>4,500</b>	<b>150 USD</b>

**Organising Team**



**Dr. K.R. Bharath Reddy**  
Organising Chairperson  
**+91 9845138419**  
drbharathreddy@shishuka.com



**Dr. Nagarjun N**  
Organizing Secretary  
**+91 7022537011**  
drnagarjun.n@shishuka.com



**For more information**

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academyvidath@gmail.com



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